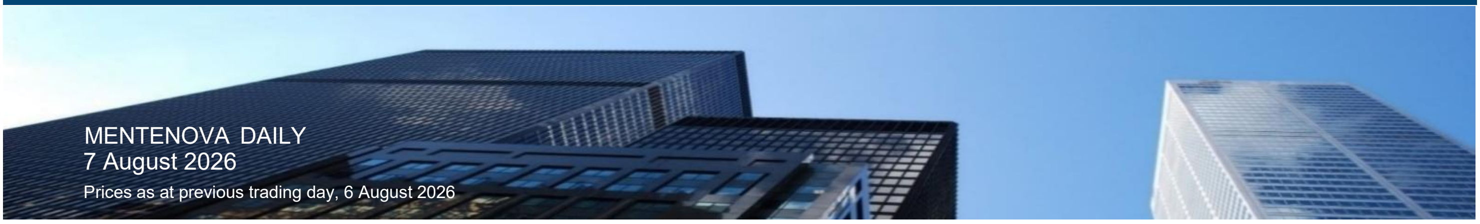
MENTENOVA



MENTENOVA DAILY
7 August 2026
Prices as at previous trading day, 6 August 2026

FTSE / JSE INDICES

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	124 817.90	-615.30	-0.49%	13.06%	-11.97%
JSE Resource 20	17:00	117 999.30	-460.50	-0.39%	10.59%	-4.57%
JSE Top 40	17:00	107 258.40	-118.60	-0.11%	3.87%	-0.67%
JSE All Share	17:00	115 306.30	-109.40	-0.09%	3.42%	-0.45%
JSE Capped All Share	17:00	127 981.70	-121.40	-0.09%	3.42%	1.71%
JSE Industrial 25	17:00	130 693.80	-498.80	-0.38%	0.01%	-5.66%
JSE ALPI	17:00	46 517.53	65.66	0.14%	-0.58%	6.31%
JSE Financial 15	17:00	26 957.55	133.18	0.50%	1.77%	8.38%

INTERNATIONAL INDICES - LOCAL CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	25 530.28	-385.54	-1.49%	-1.37%	-0.39%
Nikkei	08:30	65 683.26	-617.18	-0.93%	2.05%	30.48%
Nasdaq	20:00	26 348.35	-15.09	-0.06%	3.84%	13.37%
Shanghai	09:30	3 900.35	21.92	0.57%	1.78%	-1.73%
CDAX	16:00	2 209.56	3.27	0.15%	1.73%	6.54%
FTSE 100	15:00	10 867.89	-20.41	-0.19%	0.00%	9.43%
SP 500	20:00	7 709.96	-13.59	-0.18%	2.94%	12.63%
DJ Ind	20:00	53 885.10	-464.02	-0.85%	2.67%	12.11%
CAC40	19:00	8 699.71	30.41	0.35%	2.23%	6.75%

CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	18.86	0.00	0.02%	-1.19%	-3.04%
AUD / ZAR	23:00	11.51	-0.01	-0.07%	-0.94%	4.13%
GBP / ZAR	23:00	22.01	0.04	0.17%	-1.34%	-1.35%
JPY / ZAR	23:00	0.10	0.00	-0.19%	-1.62%	-2.27%
USD / ZAR	23:00	16.36	0.05	0.28%	-1.00%	-1.19%

COMMODITIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum $	23:00	1 726.49	-9.20	-0.53%	4.74%	-16.21%
Silver $	23:00	61.54	-0.51	-0.82%	6.85%	-14.12%
Palladium $	23:00	1 373.84	8.16	0.60%	7.04%	-15.20%
Gold $	23:00	4 239.42	-7.40	-0.17%	4.78%	-1.85%
Brent Crude	23:00	82.49	3.04	3.83%	-8.47%	35.56%

CURRENCY CROSS RATES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.15	0.00	-0.24%	-0.02%	-1.88%
GBP / USD	23:00	1.35	0.00	-0.10%	-0.21%	-0.15%
JPY / USD	23:00	0.01	0.00	-0.43%	-0.65%	-1.08%

INFLATION - Up to June 2026

Name	% Move Y/Y
Core CPI	4.4%
Headline CPI	5.0%

INTEREST RATES

Name	Rate
Repo rate	7.00%
Prime rate	10.50%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

MARKET REPORT

Oil and gas: ‘Everything favours Africa now’

The current geopolitical turmoil has put global supply of oil and gas under pressure, but it has also created an opportunity for Africa to develop its vast resources, establish itself as an alternative supplier, and become a net exporter. This is the opinion of several experts, who are urging the South African government to ease conditions that are restricting investment and have left the country “15 years behind” the likes of Namibia.

Source: Moneyweb

READ MORE

HEADLINE CPI: **The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.**

CORE CPI: **The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.**