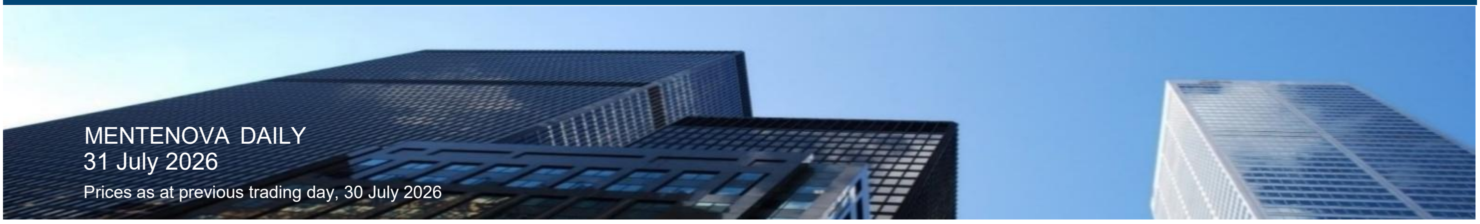
MENTENOVA



FTSE / JSE INDICES

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	112 779.60	3737.30	3.43%	2.69%	-20.46%
JSE Resource 20	17:00	108 233.30	3401.20	3.24%	3.70%	-12.47%
JSE Top 40	17:00	103 758.70	1430.70	1.40%	1.79%	-3.91%
JSE All Share	17:00	111 872.70	1432.40	1.30%	1.41%	-3.42%
JSE Capped All Share	17:00	124 169.10	1589.80	1.30%	1.53%	-1.32%
JSE Industrial 25	17:00	131 967.80	254.60	0.19%	1.31%	-4.74%
JSE ALPI	17:00	46 289.25	208.74	0.45%	1.14%	5.79%
JSE Financial 15	17:00	26 215.90	261.83	1.01%	0.13%	5.40%

INTERNATIONAL INDICES - LOCAL CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	25 858.88	50.96	0.20%	13.01%	0.89%
Nikkei	08:30	61 867.43	433.24	0.71%	-11.70%	22.90%
Nasdaq	20:00	25 122.18	679.24	2.78%	-4.16%	8.09%
Shanghai	09:30	3 804.69	-23.78	-0.62%	-7.08%	-4.14%
CDAX	16:00	2 171.01	16.18	0.75%	2.19%	4.68%
FTSE 100	15:00	10 897.27	-11.14	-0.10%	3.81%	9.73%
SP 500	20:00	7 437.63	121.48	1.66%	-0.82%	8.65%
DJ Ind	20:00	52 208.06	613.92	1.19%	-0.21%	8.62%
CAC40	19:00	8 485.64	77.37	0.92%	0.97%	4.12%

CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	19.01	-0.09	-0.47%	1.55%	-2.25%
AUD / ZAR	23:00	11.60	0.01	0.07%	2.28%	4.95%
GBP / ZAR	23:00	22.21	-0.06	-0.27%	2.20%	-0.46%
JPY / ZAR	23:00	0.10	0.00	1.37%	2.58%	-2.18%
USD / ZAR	23:00	16.50	-0.17	-1.01%	0.65%	-0.39%

COMMODITIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum $	23:00	1 660.99	44.52	2.75%	6.99%	-19.39%
Silver $	23:00	58.99	1.26	2.19%	0.67%	-17.68%
Palladium $	23:00	1 318.35	57.16	4.53%	8.76%	-18.62%
Gold $	23:00	4 103.41	35.85	0.88%	2.38%	-5.00%
Brent Crude	23:00	89.03	-1.71	-1.88%	22.09%	46.31%

CURRENCY CROSS RATES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.15	0.01	0.53%	0.93%	-1.86%
GBP / USD	23:00	1.35	0.01	0.72%	1.54%	-0.07%
JPY / USD	23:00	0.01	0.00	2.42%	1.89%	-1.77%

INFLATION - Up to June 2026

Name	% Move Y/Y
Core CPI	4.4%
Headline CPI	5.0%

INTEREST RATES

Name	Rate
Repo rate	7.00%
Prime rate	10.50%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

MARKET REPORT

US GDP grows less-than-expected 1.5% despite strong consumers

The US economy grew at a weaker-than-expected pace in the second quarter despite a pickup in consumer spending and solid business investment. Inflation-adjusted gross domestic product increased an annualised 1.5% in the period, according to an advance estimate issued Thursday by the Bureau of Economic Analysis. A decline in net exports, which can be volatile from quarter to quarter, masked strength in underlying demand. Consumer spending, which comprises about two-thirds of economic activity, rose at a 3.2% rate. Business investment continued to boom amid a rush to invest in artificial intelligence.

Source: Moneyweb

READ MORE

HEADLINE CPI: **The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.**

CORE CPI: **The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.**