

MENTENOVA DAILY

30 July 2026

Prices as at previous trading day, 29 July 2026

FTSE / JSE INDICES

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	109 042.30	164.30	0.15%	-0.71%	-23.10%
JSE Resource 20	17:00	104 832.10	596.40	0.57%	0.44%	-15.22%
JSE Top 40	17:00	102 328.00	495.80	0.49%	0.38%	-5.23%
JSE All Share	17:00	110 440.30	536.20	0.49%	0.11%	-4.66%
JSE Capped All Share	17:00	122 579.30	595.10	0.49%	0.23%	-2.58%
JSE Industrial 25	17:00	131 713.20	1403.80	1.08%	1.12%	-4.93%
JSE ALPI	17:00	46 080.51	-31.59	-0.07%	0.69%	5.31%
JSE Financial 15	17:00	25 954.07	-42.83	-0.16%	-0.87%	4.35%

CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	19.10	0.09	0.49%	2.03%	-1.79%
AUD / ZAR	23:00	11.59	-0.05	-0.47%	2.21%	4.88%
GBP / ZAR	23:00	22.27	0.09	0.39%	2.47%	-0.19%
JPY / ZAR	23:00	0.10	0.00	0.10%	1.19%	-3.50%
USD / ZAR	23:00	16.67	-0.03	-0.19%	1.68%	0.63%

CURRENCY CROSS RATES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.15	0.01	0.70%	0.39%	-2.38%
GBP / USD	23:00	1.34	0.01	0.61%	0.81%	-0.78%
JPY / USD	23:00	0.01	0.00	0.28%	-0.52%	-4.09%

INTEREST RATES

Name	Rate
Repo rate	7.00%
Prime rate	10.50%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

HEADLINE CPI: The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.

CORE CPI: The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.

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INTERNATIONAL INDICES - LOCAL CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	25 807.92	497.07	1.96%	12.79%	0.69%
Nikkei	08:30	61 434.19	-930.73	-1.49%	-12.31%	22.04%
Nasdaq	20:00	24 442.94	-433.97	-1.74%	-6.76%	5.17%
Shanghai	09:30	3 828.47	15.15	0.40%	-6.49%	-3.54%
CDAX	16:00	2 154.83	0.79	0.04%	1.43%	3.90%
FTSE 100	15:00	10 908.41	37.39	0.34%	3.92%	9.84%
SP 500	20:00	7 316.15	-112.63	-1.52%	-2.44%	6.88%
DJ Ind	20:00	51 594.14	-1153.18	-2.19%	-1.39%	7.35%
CAC40	19:00	8 408.27	-50.51	-0.60%	0.05%	3.18%

COMMODITIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum \$	23:00	1 616.47	8.87	0.55%	4.12%	-21.55%
Silver \$	23:00	57.73	0.57	1.00%	-1.49%	-19.44%
Palladium \$	23:00	1 261.19	-2.03	-0.16%	4.05%	-22.15%
Gold \$	23:00	4 067.56	37.95	0.94%	1.49%	-5.83%
Brent Crude	23:00	90.74	6.65	7.91%	24.44%	49.12%

INFLATION - Up to June 2026

Name	% Move Y/Y
Core CPI	4.4%
Headline CPI	5.0%

MARKET REPORT

Fed holds rates, three officials dissent favouring a hike

Federal Reserve Chairman Kevin Warsh insisted policymakers' decision to leave interest rates unchanged wasn't a sign of inertia at the central bank, which he reiterated is committed to tackling inflation. The Federal Open Market Committee voted 9-3 to hold the benchmark federal funds rate in a range of 3.5% to 3.75%. Dallas Fed President Lorie Logan, Cleveland's Beth Hammack and Minneapolis Fed chief Neel Kashkari dissented in favour of raising rates by a quarter percentage point.

Source:
Moneyweb

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