

MENTENOVA DAILY

22 July 2026

Prices as at previous trading day, 21 July 2026

FTSE / JSE INDICES

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	107 084.10	2699.00	2.59%	-2.50%	-24.48%
JSE Resource 20	17:00	102 724.10	2416.00	2.41%	-1.58%	-16.92%
JSE Top 40	17:00	100 772.10	157.40	0.16%	-1.14%	-6.67%
JSE All Share	17:00	108 980.00	43.80	0.04%	-1.21%	-5.92%
JSE Capped All Share	17:00	120 954.60	48.70	0.04%	-1.10%	-3.87%
JSE Industrial 25	17:00	128 779.50	-2238.50	-1.71%	-1.13%	-7.05%
JSE ALPI	17:00	45 852.51	-295.57	-0.64%	0.19%	4.79%
JSE Financial 15	17:00	25 887.71	-2.21	-0.01%	-1.13%	4.08%

CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	18.77	-0.09	-0.50%	0.26%	-3.50%
AUD / ZAR	23:00	11.53	-0.04	-0.35%	1.66%	4.32%
GBP / ZAR	23:00	22.03	-0.17	-0.77%	1.36%	-1.28%
JPY / ZAR	23:00	0.10	0.00	-0.79%	0.20%	-4.45%
USD / ZAR	23:00	16.47	-0.06	-0.34%	0.50%	-0.54%

CURRENCY CROSS RATES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	-	0.00	#DIV/0!	#DIV/0!	#DIV/0!
GBP / USD	23:00	1.34	-0.01	-0.41%	0.86%	-0.73%
JPY / USD	23:00	0.01	0.00	-0.42%	-0.39%	-3.96%

INTEREST RATES

Name	Rate
Repo rate	7.00%
Prime rate	10.50%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

INTERNATIONAL INDICES - LOCAL CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	25 132.29	-10.76	-0.04%	9.84%	-1.94%
Nikkei	08:30	66 232.19	2091.07	3.26%	-5.47%	31.57%
Nasdaq	20:00	25 837.21	329.14	1.29%	-1.44%	11.17%
Shanghai	09:30	3 864.37	68.09	1.79%	-5.62%	-2.63%
CDAX	16:00	2 126.56	12.29	0.58%	0.10%	2.54%
FTSE 100	15:00	10 585.91	61.15	0.58%	0.85%	6.59%
SP 500	20:00	7 509.20	65.92	0.89%	0.13%	9.70%
DJ Ind	20:00	52 224.64	385.38	0.74%	-0.18%	8.66%
CAC40	19:00	8 363.14	23.03	0.28%	-0.49%	2.62%

COMMODITIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum \$	23:00	1 630.79	35.57	2.23%	5.04%	-20.86%
Silver \$	23:00	58.79	2.37	4.20%	0.33%	-17.96%
Palladium \$	23:00	1 280.77	23.95	1.91%	5.66%	-20.94%
Gold \$	23:00	4 076.99	68.96	1.72%	1.72%	-5.61%
Brent Crude	23:00	91.01	1.79	2.01%	24.81%	49.56%

INFLATION - Up to May 2026

Name	% Move Y/Y
Core CPI	4.0%
Headline CPI	4.5%

MARKET REPORT

The world's top fintech companies

Fintech is maturing just as AI challenges the very infrastructure it is built upon — and that's delivered renewed momentum for innovative companies in the sector.

Source:
CNBC

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HEADLINE CPI: The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.

CORE CPI: The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.

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