

MENTENOVA DAILY

17 July 2026

Prices as at previous trading day, 16 July 2026

FTSE / JSE INDICES

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	106 418.60	-1235.00	-1.15%	-3.10%	-24.95%
JSE Resource 20	17:00	102 089.70	-1071.80	-1.04%	-2.19%	-17.44%
JSE Top 40	17:00	101 983.80	-20.00	-0.02%	0.05%	-5.55%
JSE All Share	17:00	110 337.40	48.70	0.04%	0.02%	-4.74%
JSE Capped All Share	17:00	122 461.00	54.00	0.04%	0.13%	-2.67%
JSE Industrial 25	17:00	132 720.10	216.10	0.16%	1.89%	-4.20%
JSE ALPI	17:00	46 385.04	133.54	0.29%	1.35%	6.01%
JSE Financial 15	17:00	26 165.69	216.76	0.84%	-0.06%	5.20%

CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	18.77	0.06	0.30%	0.26%	-3.49%
AUD / ZAR	23:00	11.48	0.04	0.35%	1.21%	3.86%
GBP / ZAR	23:00	22.11	0.01	0.03%	1.74%	-0.91%
JPY / ZAR	23:00	0.10	0.00	0.40%	0.30%	-4.35%
USD / ZAR	23:00	16.40	0.08	0.48%	0.09%	-0.95%

CURRENCY CROSS RATES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.14	0.00	-0.18%	0.18%	-2.59%
GBP / USD	23:00	1.35	-0.01	-0.46%	1.63%	0.02%
JPY / USD	23:00	0.01	0.00	-0.13%	0.10%	-3.49%

INTEREST RATES

Name	Rate
Repo rate	7.00%
Prime rate	10.50%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

HEADLINE CPI: The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.

CORE CPI: The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.

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INTERNATIONAL INDICES - LOCAL CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	25 008.60	327.50	1.33%	9.30%	-2.43%
Nikkei	08:30	66 835.54	-1915.97	-2.79%	-4.61%	32.77%
Nasdaq	20:00	25 881.95	-387.28	-1.47%	-1.27%	11.36%
Shanghai	09:30	3 882.41	-73.17	-1.85%	-5.18%	-2.18%
CDAX	16:00	2 119.47	-6.67	-0.31%	-0.23%	2.19%
FTSE 100	15:00	10 572.24	56.32	0.54%	0.72%	6.45%
SP 500	20:00	7 533.77	-38.63	-0.51%	0.46%	10.05%
DJ Ind	20:00	52 552.97	-105.67	-0.20%	0.45%	9.34%
CAC40	19:00	8 377.86	-4.57	-0.05%	-0.31%	2.80%

COMMODITIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum \$	23:00	1 623.27	-55.29	-3.29%	4.56%	-21.22%
Silver \$	23:00	55.52	-2.28	-3.94%	-5.25%	-22.52%
Palladium \$	23:00	1 254.36	-66.04	-5.00%	3.48%	-22.57%
Gold \$	23:00	3 976.50	-84.05	-2.07%	-0.79%	-7.94%
Brent Crude	23:00	84.23	-0.72	-0.85%	15.51%	38.42%

INFLATION - Up to May 2026

Name	% Move Y/Y
Core CPI	4.0%
Headline CPI	4.5%

MARKET REPORT

FNB says more people are planning for retirement, but rising costs still test readiness

"It is particularly encouraging to see stronger planning behaviour among lower-income consumers, where the number of respondents with a retirement plan has risen significantly," FNB chief executive Lytania Johnson said at an event in Johannesburg. While these findings reflect positive progress, Johnson says retirement planning is not only about saving more, but about understanding whether those savings will be sufficient to support the lifestyle and needs people expect in retirement. She warned that increased intention is not the same as retirement readiness.

Source:
Moneyweb

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