

MENTENOVA DAILY

14 July 2026

Prices as at previous trading day, 13 July 2026

FTSE / JSE INDICES

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	109 738.00	-695.00	-0.63%	-0.08%	-22.61%
JSE Resource 20	17:00	104 494.20	-278.50	-0.27%	0.11%	-15.49%
JSE Top 40	17:00	101 575.30	-401.40	-0.39%	-0.35%	-5.93%
JSE All Share	17:00	110 003.40	-352.00	-0.32%	-0.28%	-5.03%
JSE Capped All Share	17:00	122 056.20	-390.60	-0.32%	-0.20%	-2.99%
JSE Industrial 25	17:00	129 906.20	-583.90	-0.45%	-0.27%	-6.23%
JSE ALPI	17:00	46 506.27	221.67	0.48%	1.62%	6.29%
JSE Financial 15	17:00	25 957.46	-99.35	-0.38%	-0.86%	4.36%

CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	18.75	0.13	0.72%	0.13%	-3.62%
AUD / ZAR	23:00	11.39	0.05	0.43%	0.46%	3.08%
GBP / ZAR	23:00	21.99	0.13	0.60%	1.16%	-1.47%
JPY / ZAR	23:00	0.10	0.00	0.50%	0.60%	-4.07%
USD / ZAR	23:00	16.47	0.15	0.93%	0.49%	-0.56%

CURRENCY CROSS RATES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.14	0.00	-0.31%	-0.36%	-3.11%
GBP / USD	23:00	1.33	-0.01	-0.42%	0.65%	-0.94%
JPY / USD	23:00	0.01	0.00	-0.45%	0.08%	-3.51%