

MENTENOVA DAILY
16 March 2026

Prices as at previous trading day, 13 March 2026

FTSE / JSE INDICES

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	145 699.80	-10217.40	-6.55%	-20.61%	2.76%
JSE Resource 20	17:00	130 238.00	-7384.00	-5.37%	-17.94%	5.33%
JSE Top 40	17:00	107 285.30	-2002.00	-1.83%	-10.82%	-0.64%
JSE All Share	17:00	114 924.20	-2024.20	-1.73%	-10.53%	-0.78%
JSE Capped All Share	17:00	125 505.50	-2263.80	-1.77%	-10.37%	-0.25%
JSE Industrial 25	17:00	130 243.40	953.00	0.74%	-1.95%	-5.99%
JSE ALPI	17:00	41 399.50	-203.68	-0.49%	-12.22%	-5.38%
JSE Financial 15	17:00	24 490.39	-130.08	-0.53%	-10.92%	-1.54%

INTERNATIONAL INDICES - LOCAL CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	25 465.60	-251.16	-0.98%	-4.37%	-0.64%
Nikkei	08:30	53 819.61	-633.35	-1.16%	-8.55%	6.91%
Nasdaq	20:00	22 105.36	-206.62	-0.93%	-2.48%	-4.89%
Shanghai	09:30	4 095.45	-33.66	-0.82%	-1.62%	3.19%
CDAX	16:00	1 999.19	-12.37	-0.61%	-7.25%	-3.61%
FTSE 100	15:00	10 261.15	-44.00	-0.43%	-5.95%	3.32%
SP 500	20:00	6 632.19	-40.43	-0.61%	-3.59%	-3.12%
DJ Ind	20:00	46 558.47	-119.38	-0.26%	-4.94%	-3.13%
CAC40	19:00	7 911.53	-72.91	-0.91%	-7.80%	-2.92%

CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	19.34	0.00	0.00%	2.74%	-0.58%
AUD / ZAR	23:00	11.82	-0.07	-0.55%	4.26%	6.98%
GBP / ZAR	23:00	22.39	-0.02	-0.11%	4.21%	0.35%
JPY / ZAR	23:00	0.11	0.00	0.47%	3.82%	0.28%
USD / ZAR	23:00	16.93	0.13	0.79%	6.25%	2.24%

CURRENCY CROSS RATES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.14	-0.01	-0.83%	-3.34%	-2.80%
GBP / USD	23:00	1.32	-0.01	-0.85%	-1.87%	-1.82%
JPY / USD	23:00	0.01	0.00	-0.25%	-2.31%	-1.90%

INTEREST RATES

Name	Rate
Repo rate	6.75%
Prime rate	10.25%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

COMMODITIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum \$	23:00	2 028.32	-104.59	-4.90%	-14.38%	-1.56%
Silver \$	23:00	80.59	-3.25	-3.88%	-14.07%	12.46%
Palladium \$	23:00	1 553.90	-66.11	-4.08%	-13.10%	-4.08%
Gold \$	23:00	5 019.49	-59.72	-1.18%	-4.91%	16.21%
Brent Crude	23:00	103.14	2.68	2.67%	42.30%	69.50%

INFLATION - Up to January 2026

Name	% Move Y/Y
Core CPI	3.7%
Headline CPI	3.5%

MARKET REPORT
JSE slides below 115 000 points amid Middle East oil shock

The JSE All Share Index closed the week at 114 924 points as global markets reacted to escalating conflict in the Middle East and the resulting surge in oil prices.

Over the past month, the index has lost just over 3% as investors have become more defensive amid heightened geopolitical tension and volatile energy prices.

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Article
Source:
Moneyweb

HEADLINE CPI: The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.

CORE CPI: The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.

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