

**MENTENOVA DAILY**  
**23 March 2026**

Prices as at previous trading day, 20 March 2026

**FTSE / JSE INDICES**

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	128 527.60	-1269.80	-0.98%	-29.97%	-9.35%
JSE Resource 20	17:00	117 223.60	-1194.10	-1.01%	-26.14%	-5.20%
JSE Top 40	17:00	102 115.90	-630.20	-0.61%	-15.11%	-5.43%
JSE All Share	17:00	110 070.20	-501.90	-0.45%	-14.31%	-4.97%
JSE Capped All Share	17:00	120 364.40	-551.00	-0.46%	-14.04%	-4.34%
JSE Industrial 25	17:00	125 778.80	-445.20	-0.35%	-5.31%	-9.21%
JSE ALPI	17:00	42 150.50	221.72	0.53%	-10.62%	-3.67%
JSE Financial 15	17:00	24 473.31	-63.08	-0.26%	-10.98%	-1.61%

**INTERNATIONAL INDICES - LOCAL CURRENCIES**

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	25 277.32	-223.26	-0.88%	-5.08%	-1.38%
Nikkei	08:30	53 372.53	0.00	0.00%	-9.31%	6.03%
Nasdaq	20:00	21 647.61	-443.08	-2.01%	-4.50%	-6.86%
Shanghai	09:30	3 957.05	-49.50	-1.24%	-4.94%	-0.30%
CDAX	16:00	1 910.48	-38.83	-1.99%	-11.37%	-7.88%
FTSE 100	15:00	9 918.33	-145.17	-1.44%	-9.09%	-0.13%
SP 500	20:00	6 506.48	-100.01	-1.51%	-5.41%	-4.95%
DJ Ind	20:00	45 577.47	-443.96	-0.96%	-6.94%	-5.17%
CAC40	19:00	7 665.62	-142.25	-1.82%	-10.66%	-5.94%

**CURRENCIES**

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	19.71	0.29	1.49%	4.70%	1.32%
AUD / ZAR	23:00	11.97	0.09	0.74%	5.56%	8.32%
GBP / ZAR	23:00	22.68	0.17	0.75%	5.53%	1.61%
JPY / ZAR	23:00	0.11	0.00	0.75%	4.90%	1.32%
USD / ZAR	23:00	17.04	0.28	1.64%	6.91%	2.88%

**CURRENCY CROSS RATES**

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.16	0.00	-0.15%	-2.03%	-1.48%
GBP / USD	23:00	1.33	-0.01	-0.67%	-1.05%	-0.99%
JPY / USD	23:00	0.01	0.00	-0.95%	-2.00%	-1.58%

**INTEREST RATES**

Name	Rate
Repo rate	6.75%
Prime rate	10.25%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

**COMMODITIES**

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum \$	23:00	1 928.60	-44.58	-2.26%	-18.59%	-6.40%
Silver \$	23:00	67.95	-4.88	-6.70%	-27.55%	-5.19%
Palladium \$	23:00	1 414.63	-37.27	-2.57%	-20.89%	-12.68%
Gold \$	23:00	4 492.42	-157.60	-3.39%	-14.90%	4.01%
Brent Crude	23:00	112.19	3.54	3.26%	54.79%	84.37%

**INFLATION - Up to February 2026**

Name	% Move Y/Y
Core CPI	3.4%
Headline CPI	3.0%

**MARKET REPORT**
**Not just buying 'things': Why China's emotional economy is on the rise**

Data shows that Chinese consumers are increasingly spending on goods and experiences chosen for their emotional resonance over practical value. While some analysts see these consumption patterns as a stress response, others see it as a function of rising affluence in the country. Local governments and businesses have begun looking into how to capitalize on this boom in China's emotional economy.

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**HEADLINE CPI: The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.**

**CORE CPI: The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.**

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