

MENTENOVA DAILY
20 March 2026

Prices as at previous trading day, 19 March 2026

FTSE / JSE INDICES

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	129 797.40	-10708.90	-7.62%	-29.28%	-8.46%
JSE Resource 20	17:00	118 417.70	-8066.30	-6.38%	-25.39%	-4.23%
JSE Top 40	17:00	102 746.10	-3141.10	-2.97%	-14.59%	-4.85%
JSE All Share	17:00	110 572.10	-3137.70	-2.76%	-13.92%	-4.54%
JSE Capped All Share	17:00	120 915.40	-3433.60	-2.76%	-13.65%	-3.90%
JSE Industrial 25	17:00	126 224.00	-1668.90	-1.30%	-4.98%	-8.89%
JSE ALPI	17:00	41 928.78	-209.64	-0.50%	-11.09%	-4.17%
JSE Financial 15	17:00	24 536.39	-206.95	-0.84%	-10.75%	-1.35%

INTERNATIONAL INDICES - LOCAL CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	25 500.58	-524.84	-2.02%	-4.24%	-0.51%
Nikkei	08:30	53 372.53	-1866.87	-3.38%	-9.31%	6.03%
Nasdaq	20:00	22 090.69	-61.73	-0.28%	-2.55%	-4.95%
Shanghai	09:30	4 006.55	-56.43	-1.39%	-3.76%	0.95%
CDAX	16:00	1 949.31	-57.19	-2.85%	-9.56%	-6.01%
FTSE 100	15:00	10 063.50	-241.79	-2.35%	-7.76%	1.33%
SP 500	20:00	6 606.49	-18.21	-0.27%	-3.96%	-3.49%
DJ Ind	20:00	46 021.43	-203.72	-0.44%	-6.04%	-4.25%
CAC40	19:00	7 807.87	-162.01	-2.03%	-9.01%	-4.19%

CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	19.42	-0.03	-0.18%	3.16%	-0.17%
AUD / ZAR	23:00	11.88	-0.05	-0.45%	4.78%	7.52%
GBP / ZAR	23:00	22.51	-0.02	-0.07%	4.74%	0.86%
JPY / ZAR	23:00	0.11	0.00	0.00%	4.11%	0.57%
USD / ZAR	23:00	16.76	-0.23	-1.34%	5.19%	1.22%

CURRENCY CROSS RATES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.16	0.01	1.20%	-1.89%	-1.34%
GBP / USD	23:00	1.34	0.02	1.31%	-0.38%	-0.33%
JPY / USD	23:00	0.01	0.00	1.36%	-1.06%	-0.64%

INTEREST RATES

Name	Rate
Repo rate	6.75%
Prime rate	10.25%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

COMMODITIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum \$	23:00	1 973.18	-51.12	-2.53%	-16.71%	-4.24%
Silver \$	23:00	72.83	-2.55	-3.38%	-22.35%	1.62%
Palladium \$	23:00	1 451.90	-33.05	-2.23%	-18.81%	-10.38%
Gold \$	23:00	4 650.02	-168.48	-3.50%	-11.91%	7.66%
Brent Crude	23:00	108.65	1.27	1.18%	49.90%	78.55%

INFLATION - Up to February 2026

Name	% Move Y/Y
Core CPI	3.4%
Headline CPI	3.0%

MARKET REPORT

Asia markets trade mixed after Wall Street losses as Iran war dents risk sentiment

Asia-Pacific markets traded mixed as investors continued to assess developments in the Middle East war and their disruptions to energy supply. The U.S. and Israeli leaders sought to calm concerns, signaling the war may end sooner than many had expected. The tit-for-tat attacks on key oil and gas infrastructures across the Middle East sent energy prices soaring.

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Article
Source:
CNBC

HEADLINE CPI: The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.

CORE CPI: The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.

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