

**MENTENOVA DAILY**  
**17 March 2026**

Prices as at previous trading day, 16 March 2026

**FTSE / JSE INDICES**

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	148 290.20	2590.40	1.78%	-19.20%	4.58%
JSE Resource 20	17:00	132 173.60	1935.60	1.49%	-16.72%	6.89%
JSE Top 40	17:00	108 891.10	1605.80	1.50%	-9.48%	0.85%
JSE All Share	17:00	116 562.30	1638.10	1.43%	-9.26%	0.63%
JSE Capped All Share	17:00	127 306.10	1800.60	1.43%	-9.08%	1.18%
JSE Industrial 25	17:00	132 133.30	1889.90	1.45%	-0.53%	-4.62%
JSE ALPI	17:00	41 930.85	531.35	1.28%	-11.09%	-4.17%
JSE Financial 15	17:00	24 847.45	357.06	1.46%	-9.62%	-0.10%

**INTERNATIONAL INDICES - LOCAL CURRENCIES**

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	25 834.02	368.42	1.45%	-2.99%	0.79%
Nikkei	08:30	53 751.15	-68.46	-0.13%	-8.66%	6.78%
Nasdaq	20:00	22 374.18	268.82	1.22%	-1.30%	-3.73%
Shanghai	09:30	4 084.79	-10.66	-0.26%	-1.88%	2.92%
CDAX	16:00	2 007.91	8.72	0.44%	-6.85%	-3.18%
FTSE 100	15:00	10 317.69	56.54	0.55%	-5.43%	3.89%
SP 500	20:00	6 699.38	67.19	1.01%	-2.61%	-2.13%
DJ Ind	20:00	46 946.41	387.94	0.83%	-4.15%	-2.32%
CAC40	19:00	7 935.97	24.44	0.31%	-7.51%	-2.62%

**CURRENCIES**

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	19.19	-0.15	-0.79%	1.93%	-1.36%
AUD / ZAR	23:00	11.79	-0.03	-0.26%	3.99%	6.70%
GBP / ZAR	23:00	22.21	-0.18	-0.81%	3.36%	-0.47%
JPY / ZAR	23:00	0.10	0.00	-1.13%	2.64%	-0.85%
USD / ZAR	23:00	16.68	-0.26	-1.52%	4.63%	0.69%

**CURRENCY CROSS RATES**

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.15	0.01	0.77%	-2.60%	-2.05%
GBP / USD	23:00	1.33	0.01	0.68%	-1.20%	-1.15%
JPY / USD	23:00	0.01	0.00	0.42%	-1.90%	-1.49%

**INTEREST RATES**

Name	Rate
Repo rate	6.75%
Prime rate	10.25%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

**COMMODITIES**

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum \$	23:00	2 115.53	87.21	4.30%	-10.70%	2.67%
Silver \$	23:00	80.78	0.19	0.23%	-13.87%	12.72%
Palladium \$	23:00	1 608.02	54.12	3.48%	-10.08%	-0.74%
Gold \$	23:00	5 006.41	-13.08	-0.26%	-5.16%	15.91%
Brent Crude	23:00	100.21	-2.93	-2.84%	38.26%	64.68%

**INFLATION - Up to January 2026**

Name	% Move Y/Y
Core CPI	3.7%
Headline CPI	3.5%

**MARKET REPORT**
**Morgan Stanley says South Africa to stay on prolonged rate hold**

Based on an outlook that oil prices will remain between \$90 and \$100 per barrel for several months, Morgan Stanley sees South African inflation accelerating temporarily and growth taking a hit this year.

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 Article  
 Source:  
 Moneyweb

**HEADLINE CPI: The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.**

**CORE CPI: The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.**

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