

**MENTENOVA DAILY**  
**13 March 2026**

Prices as at previous trading day, 12 March 2026

**FTSE / JSE INDICES**

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	155 917.20	1223.20	0.79%	-15.05%	9.96%
JSE Resource 20	17:00	137 622.00	1203.30	0.88%	-13.29%	11.30%
JSE Top 40	17:00	109 287.30	-312.40	-0.29%	-9.15%	1.21%
JSE All Share	17:00	116 948.40	-450.10	-0.38%	-8.96%	0.96%
JSE Capped All Share	17:00	127 769.30	-502.90	-0.39%	-8.75%	1.55%
JSE Industrial 25	17:00	129 290.40	-183.00	-0.14%	-2.67%	-6.68%
JSE ALPI	17:00	41 603.18	-805.17	-1.90%	-11.78%	-4.92%
JSE Financial 15	17:00	24 620.47	-460.01	-1.83%	-10.45%	-1.01%

**CURRENCIES**

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	19.34	0.27	1.40%	2.74%	-0.58%
AUD / ZAR	23:00	11.89	0.09	0.80%	4.84%	7.57%
GBP / ZAR	23:00	22.42	0.30	1.37%	4.32%	0.46%
JPY / ZAR	23:00	0.11	0.00	1.74%	3.33%	-0.19%
USD / ZAR	23:00	16.80	0.31	1.88%	5.42%	1.44%

**CURRENCY CROSS RATES**

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.15	-0.01	-0.48%	-2.54%	-1.99%
GBP / USD	23:00	1.33	-0.01	-0.51%	-1.03%	-0.98%
JPY / USD	23:00	0.01	0.00	-0.24%	-2.06%	-1.65%

**INTEREST RATES**

Name	Rate
Repo rate	6.75%
Prime rate	10.25%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

**HEADLINE CPI: The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.**

**CORE CPI: The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.**

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**INTERNATIONAL INDICES - LOCAL CURRENCIES**

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	25 716.76	-182.00	-0.70%	-3.43%	0.34%
Nikkei	08:30	54 452.96	-572.41	-1.04%	-7.47%	8.17%
Nasdaq	20:00	22 311.98	-404.15	-1.78%	-1.57%	-4.00%
Shanghai	09:30	4 129.10	-4.33	-0.10%	-0.81%	4.04%
CDAX	16:00	2 011.56	-1.65	-0.08%	-6.68%	-3.01%
FTSE 100	15:00	10 305.15	-48.62	-0.47%	-5.55%	3.76%
SP 500	20:00	6 672.62	-103.18	-1.52%	-3.00%	-2.53%
DJ Ind	20:00	46 677.85	-739.42	-1.56%	-4.70%	-2.88%
CAC40	19:00	7 984.44	-57.37	-0.71%	-6.95%	-2.03%

**COMMODITIES**

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum \$	23:00	2 132.91	-38.55	-1.78%	-9.97%	3.51%
Silver \$	23:00	83.84	-1.90	-2.21%	-10.60%	17.00%
Palladium \$	23:00	1 620.01	-17.20	-1.05%	-9.41%	0.00%
Gold \$	23:00	5 079.21	-97.25	-1.88%	-3.78%	17.59%
Brent Crude	23:00	100.46	8.48	9.22%	38.60%	65.09%

**INFLATION - Up to January 2026**

Name	% Move Y/Y
Core CPI	3.7%
Headline CPI	3.5%

**MARKET REPORT**

The two oil pipelines helping Saudi Arabia and UAE bypass the Strait of Hormuz

Two critically important oil pipelines that bypass the strategically vital Strait of Hormuz have been thrust into the global spotlight as the Iran war drags on. Saudi Arabia's East-West pipeline and the UAE's Abu Dhabi Crude Oil Pipeline (ADCOP), or Habshan-Fujairah pipeline, are thought to be able to help partially offset the Strait of Hormuz blockage. The risk of infrastructure damage threatens to limit total capacity estimates for these pipelines, however.

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Source:  
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