MENTENOVA

MENTENOVA DAILY
11 March 2026
Prices as at previous trading day, 10 March 2026

FTSE / JSE INDICES

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	162 099.90	3936.60	2.49%	-11.68%	14.32%
JSE Resource 20	17:00	141 729.20	3738.90	2.71%	-10.70%	14.62%
JSE Top 40	17:00	111 829.60	2836.30	2.60%	-7.04%	3.57%
JSE All Share	17:00	119 606.90	2821.10	2.42%	-6.89%	3.26%
JSE Capped All Share	17:00	130 270.60	3023.10	2.38%	-6.97%	3.53%
JSE Industrial 25	17:00	130 894.50	4094.80	3.23%	-1.46%	-5.52%
JSE ALPI	17:00	42 957.68	315.39	0.74%	-8.91%	-1.82%
JSE Financial 15	17:00	25 277.24	408.09	1.64%	-8.06%	1.63%

INTERNATIONAL INDICES - LOCAL CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	25 959.90	551.44	2.17%	-2.52%	1.29%
Nikkei	08:30	54 248.39	1519.67	2.88%	-7.82%	7.77%
Nasdaq	20:00	22 697.10	1.15	0.01%	0.13%	-2.34%
Shanghai	09:30	4 123.14	26.53	0.65%	-0.95%	3.89%
CDAX	16:00	2 041.08	49.31	2.48%	-5.31%	-1.59%
FTSE 100	15:00	10 412.24	162.72	1.59%	-4.57%	4.84%
SP 500	20:00	6 781.48	-14.51	-0.21%	-1.42%	-0.94%
DJ Ind	20:00	47 706.51	-34.29	-0.07%	-2.60%	-0.74%
CAC40	19:00	8 057.36	142.00	1.79%	-6.10%	-1.13%

CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	18.91	-0.05	-0.26%	0.43%	-2.81%
AUD / ZAR	23:00	11.60	0.06	0.55%	2.29%	4.96%
GBP / ZAR	23:00	21.86	-0.04	-0.18%	1.72%	-2.05%
JPY / ZAR	23:00	0.10	0.00	-0.39%	0.88%	-2.55%
USD / ZAR	23:00	16.29	-0.01	-0.06%	2.23%	-1.63%

COMMODITIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum $	23:00	2 202.94	16.81	0.77%	-7.01%	6.91%
Silver $	23:00	88.33	1.37	1.57%	-5.82%	23.25%
Palladium $	23:00	1 661.01	-34.25	-2.02%	-7.11%	2.53%
Gold $	23:00	5 191.98	53.45	1.04%	-1.65%	20.20%
Brent Crude	23:00	87.80	-11.16	-11.28%	21.14%	44.29%

CURRENCY CROSS RATES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.16	0.00	-0.21%	-1.70%	-1.15%
GBP / USD	23:00	1.34	0.00	-0.14%	-0.47%	-0.42%
JPY / USD	23:00	0.01	0.00	-0.25%	-1.26%	-0.85%

INFLATION - Up to January 2026

Name	% Move Y/Y
Core CPI	3.7%
Headline CPI	3.5%

INTEREST RATES

Name	Rate
Repo rate	6.75%
Prime rate	10.25%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

MARKET REPORT

Oil swings after report IEA proposing record reserves release

Oil gave up earlier gains and fluctuated near $87 a barrel after the Wall Street Journal reported that the IEA is proposing a record release of reserves to tackle elevated prices triggered by the Iran war.

The release would exceed the 182 million barrels that International Energy Agency members put into the market in 2022 after Russia invaded Ukraine, according to the newspaper. Brent slipped after climbing as much as 3.7%, while West Texas Intermediate swung near $83, continuing a period of extreme market volatility this week that saw prices punch above $100 on Monday.

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Article Source: Moneyweb

HEADLINE CPI: **The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.**

CORE CPI: **The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.**

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