

MENTENOVA DAILY
10 March 2026

Prices as at previous trading day, 9 March 2026

FTSE / JSE INDICES

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	158 163.30	1888.80	1.21%	-13.82%	11.55%
JSE Resource 20	17:00	137 990.30	1233.40	0.90%	-13.05%	11.60%
JSE Top 40	17:00	108 993.30	396.10	0.36%	-9.40%	0.94%
JSE All Share	17:00	116 785.80	202.40	0.17%	-9.08%	0.82%
JSE Capped All Share	17:00	127 247.50	217.50	0.17%	-9.13%	1.13%
JSE Industrial 25	17:00	126 799.70	-592.70	-0.47%	-4.54%	-8.47%
JSE ALPI	17:00	42 642.29	-994.08	-2.28%	-9.58%	-2.54%
JSE Financial 15	17:00	24 869.15	144.19	0.58%	-9.54%	-0.01%

INTERNATIONAL INDICES - LOCAL CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	25 408.46	-348.83	-1.35%	-4.59%	-0.87%
Nikkei	08:30	52 728.72	-2892.12	-5.20%	-10.40%	4.75%
Nasdaq	20:00	22 695.95	308.27	1.38%	0.12%	-2.35%
Shanghai	09:30	4 096.60	-27.59	-0.67%	-1.59%	3.22%
CDAX	16:00	1 991.77	-18.59	-0.92%	-7.59%	-3.96%
FTSE 100	15:00	10 249.52	-35.23	-0.34%	-6.06%	3.20%
SP 500	20:00	6 795.99	55.97	0.83%	-1.20%	-0.72%
DJ Ind	20:00	47 740.80	239.25	0.50%	-2.53%	-0.67%
CAC40	19:00	7 915.36	-78.13	-0.98%	-7.75%	-2.87%

CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	18.96	-0.28	-1.47%	0.70%	-2.55%
AUD / ZAR	23:00	11.54	-0.10	-0.84%	1.73%	4.39%
GBP / ZAR	23:00	21.90	-0.30	-1.33%	1.90%	-1.87%
JPY / ZAR	23:00	0.10	0.00	-1.43%	1.27%	-2.18%
USD / ZAR	23:00	16.30	-0.25	-1.50%	2.28%	-1.57%

CURRENCY CROSS RATES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.16	0.00	0.15%	-1.49%	-0.94%
GBP / USD	23:00	1.34	0.00	0.18%	-0.33%	-0.28%
JPY / USD	23:00	0.01	0.00	0.08%	-1.01%	-0.60%

INTEREST RATES

Name	Rate
Repo rate	6.75%
Prime rate	10.25%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

COMMODITIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum \$	23:00	2 186.13	34.45	1.60%	-7.72%	6.10%
Silver \$	23:00	86.96	2.42	2.86%	-7.28%	21.35%
Palladium \$	23:00	1 695.26	69.08	4.25%	-5.20%	4.65%
Gold \$	23:00	5 138.53	-33.21	-0.64%	-2.66%	18.96%
Brent Crude	23:00	98.96	6.27	6.76%	36.53%	62.63%

INFLATION - Up to January 2026

Name	% Move Y/Y
Core CPI	3.7%
Headline CPI	3.5%

MARKET REPORT

The world is repricing dependence, and SA is exposed

It is a reminder that when the world turns hostile, everything built on cheap transport, cheap inputs, and calm supply chains suddenly becomes more expensive. This is why the war matters differently across economies.

Pain at the pump

The United States will still feel pain at the pump, but it is cushioned by domestic oil and gas production. Europe and much of Asia are more exposed because they remain more dependent on imported energy and vulnerable shipping routes.

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Article
Source:
Moneyweb

HEADLINE CPI: The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.

CORE CPI: The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.

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