

MENTENOVA DAILY
30 January 2026

FTSE / JSE INDICES

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	180 989.40	-629.70	-0.35%	27.65%	27.65%
JSE Resource 20	17:00	156 173.20	-29.80	-0.02%	26.30%	26.30%
JSE Top 40	17:00	117 539.20	197.40	0.17%	8.85%	8.85%
JSE All Share	17:00	125 249.10	179.90	0.14%	8.13%	8.13%
JSE Capped All Share	17:00	136 351.40	209.20	0.15%	8.37%	8.37%
JSE Industrial 25	17:00	133 968.70	-888.20	-0.66%	-3.30%	-3.30%
JSE ALPI	17:00	44 376.25	414.04	0.94%	1.42%	1.42%
JSE Financial 15	17:00	25 748.42	296.74	1.17%	3.52%	3.52%

CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	18.84	-0.02	-0.09%	-3.16%	-3.16%
AUD / ZAR	23:00	11.09	-0.01	-0.12%	0.39%	0.39%
GBP / ZAR	23:00	21.73	-0.05	-0.22%	-2.62%	-2.62%
JPY / ZAR	23:00	0.10	0.00	-0.10%	-2.74%	-2.74%
USD / ZAR	23:00	15.74	-0.04	-0.22%	-4.97%	-4.97%

CURRENCY CROSS RATES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.20	0.00	0.14%	1.92%	1.92%
GBP / USD	23:00	1.38	0.00	0.01%	2.48%	2.48%
JPY / USD	23:00	0.01	0.00	0.20%	2.35%	2.35%

INTEREST RATES

Name	Rate
Repo rate	6.75%
Prime rate	10.25%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

HEADLINE CPI: The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.

CORE CPI: The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.

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INTERNATIONAL INDICES - LOCAL CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	27 968.09	141.18	0.51%	9.12%	9.12%
Nikkei	08:30	53 375.60	16.89	0.03%	6.03%	6.03%
Nasdaq	20:00	23 685.12	-172.33	-0.72%	1.91%	1.91%
Shanghai	09:30	4 157.98	6.75	0.16%	4.77%	4.77%
CDAX	16:00	2 067.57	-43.52	-2.06%	-0.31%	-0.31%
FTSE 100	15:00	10 171.76	17.33	0.17%	2.42%	2.42%
SP 500	20:00	6 969.01	-9.02	-0.13%	1.80%	1.80%
DJ Ind	20:00	49 071.56	55.96	0.11%	2.10%	2.10%
CAC40	19:00	8 071.36	4.68	0.06%	-0.96%	-0.96%

COMMODITIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum \$	23:00	2 643.35	-58.61	-2.17%	28.29%	28.29%
Silver \$	23:00	115.70	-1.00	-0.86%	61.45%	61.45%
Palladium \$	23:00	2 010.74	-43.38	-2.11%	24.12%	24.12%
Gold \$	23:00	5 375.24	-41.97	-0.77%	24.45%	24.45%
Brent Crude	23:00	70.71	2.31	3.38%	16.20%	16.20%

INFLATION - Up to December 2025

Name	% Move Y/Y
Core CPI	3.6%
Headline CPI	3.6%

MARKET REPORT

Sarb errs on the side of caution, holds rates steady

South Africa's Reserve Bank took a cautious approach, opting to hold the repo rate steady at 6.75% on Thursday at its first Monetary Policy Committee (MPC) meeting of 2026, despite a surging rand and a benign inflation outlook. The decision, announced by central bank governor Lesetja Kganyago in Pretoria, keeps commercial banks' prime interest rate at 10.25%.

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