

MENTENOVA DAILY
19 January 2026

FTSE / JSE INDICES

Name	Time	Price	Move	% Move	% MTD	% YTD
JSE Precious Metals and Mining	17:00	157 952.50	-2314.70	-1.44%	11.40%	11.40%
JSE Resource 20	17:00	136 868.70	-2552.80	-1.83%	10.69%	10.69%
JSE Top 40	17:00	112 264.90	-823.60	-0.73%	3.97%	3.97%
JSE All Share	17:00	120 169.70	-700.40	-0.58%	3.74%	3.74%
JSE Capped All Share	17:00	130 658.20	-757.00	-0.58%	3.84%	3.84%
JSE Industrial 25	17:00	138 602.20	-556.70	-0.40%	0.04%	0.04%
JSE ALPI	17:00	44 136.58	282.83	0.64%	0.87%	0.87%
JSE Financial 15	17:00	25 186.78	79.82	0.32%	1.26%	1.26%

CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / ZAR	23:00	19.03	0.06	0.30%	-2.19%	-2.19%
AUD / ZAR	23:00	10.97	0.02	0.20%	-0.78%	-0.78%
GBP / ZAR	23:00	21.95	0.09	0.39%	-1.65%	-1.65%
JPY / ZAR	23:00	0.10	0.00	0.78%	-1.80%	-1.80%
USD / ZAR	23:00	16.40	0.07	0.43%	-0.94%	-0.94%

CURRENCY CROSS RATES

Name	Time	Price	Move	% Move	% MTD	% YTD
EUR / USD	23:00	1.16	0.00	-0.09%	-1.26%	-1.26%
GBP / USD	23:00	1.34	0.00	-0.01%	-0.71%	-0.71%
JPY / USD	23:00	0.01	0.00	0.32%	-0.89%	-0.89%

INTEREST RATES

Name	Rate
Repo rate	6.75%
Prime rate	10.25%
R186	7.24%
Fed Funds Rate (USA)	3.75%
BoE Rate (UK)	3.75%

HEADLINE CPI: The CPI calculates the cost to purchase a fixed basket of goods as a way of determining how much inflation is occurring in the broad economy. The CPI uses a base year and indexes current year prices based on the base year's values.

CORE CPI: The headline figure is not adjusted for seasonality or for the often volatile elements of food and energy prices, which are removed in the Core CPI.

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INTERNATIONAL INDICES - LOCAL CURRENCIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Hang-Seng	10:30	26 844.96	-78.66	-0.29%	4.74%	4.74%
Nikkei	08:30	53 936.17	-174.33	-0.32%	7.14%	7.14%
Nasdaq	20:00	23 515.39	-14.63	-0.06%	1.18%	1.18%
Shanghai	09:30	4 101.91	-10.69	-0.26%	3.35%	3.35%
CDAX	16:00	2 136.24	-6.47	-0.30%	3.00%	3.00%
FTSE 100	15:00	10 235.29	-3.65	-0.04%	3.06%	3.06%
SP 500	20:00	6 940.01	-4.46	-0.06%	1.38%	1.38%
DJ Ind	20:00	49 359.33	-83.11	-0.17%	2.70%	2.70%
CAC40	19:00	8 258.94	-54.18	-0.65%	1.34%	1.34%

COMMODITIES

Name	Time	Price	Move	% Move	% MTD	% YTD
Platinum \$	23:00	2 340.76	-71.75	-2.97%	13.60%	13.60%
Silver \$	23:00	90.13	-2.30	-2.49%	25.76%	25.76%
Palladium \$	23:00	1 803.31	-19.02	-1.04%	11.32%	11.32%
Gold \$	23:00	4 596.09	-20.06	-0.43%	6.41%	6.41%
Brent Crude	23:00	64.13	0.37	0.58%	5.39%	5.39%

INFLATION - Up to November 2025

Name	% Move Y/Y
Core CPI	3.6%
Headline CPI	3.5%

MARKET REPORT

China fourth-quarter growth slows to 4.5%, weakest in nearly three years

China's GDP grew 4.5% in the October to December period, slowing from 4.8% in the third quarter. Full-year economic output came in at 5%, meeting the official target of around 5%. Retail sales grew 0.9% in December from a year earlier, the slowest growth since late 2022. Industrial output climbed 5.2% in December, topping expectations for a 5% growth.

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Article
Source:
CNBC